

### Be smart at any time

#### Bluenesse<sup>®</sup> - The innovation for cognitive performance

- Bluenesse® is an exclusive Melissa officinalis extract developed to support cognitive performance
- *in vitro* and human studies as well as phytochemical investigation confirmed that Bluenesse® supports:
  - Alertness / concentration / mental focus
  - ✓ Working memory
  - ✓ A calm, positive mood
  - ✓ Ability to cope with occasional stress
  - ✓ Improvement of age-related cognitive impairment
- 300mg daily dosage can be incorporated into food supplements, foods and beverages
- Bluenesse® can be taken on demand effects are created within one hour of intake and are still measurable after three hours
- Vital Solutions research and extensive know-how in natural products enabled them to identify a special lemon balm breeding line supporting cognitive effects, particularly alertness and memory
- Each batch of Bluenesse® undergoes bioassay-guided efficacy testing to confirm cognitive effects - this is a new dimension of quality control
- Bluenesse<sup>®</sup> Bridging the gap between a traditional European herb and an innovative technologies



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Can you imagine you've gone into the kitchen and Can't remember why

Can you imagine a 50 years school anniversary and you know all names?

Can you imagine an exam, where you stay cool and have a brilliant mind?

Memory changes can be frustrating, but thanks to research, there are strategies to protect & sharpen our minds.

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# Bluenesse<sup>®</sup> - Product information

- Bluenesse® is obtained by water extraction out of a special breeding lines of Melissa officinalis (L.) leaves an annual edible herb native to Europe
- Melissa officinalis is a member of the family Lamiaceae
- Its common names are: Lemon balm (EU, USA); Melisse (Germany)
- Bluenesse® is a proprietary Melissa officinalis leaf extract, standardized on muscarinic M1 receptor affinity and on rosmarinic acid, determined by HPLC
- Bluenesse® modern, state of the art production facilities and GMP compliant production conditions ensure reproducible quality of the products
- Bluenesse® has a pleasant taste and is a water soluble fine beige powder.
- Bluenesse® complies with highest quality and traceability standards, completed by phytochemical characterization

## Bluenesse<sup>®</sup> - supports concepts for:

- Cognitive performance
- Well-aging Stress relief
- Weight management
- Health claim supporting blends are available on request

#### Specifications:

Appearance:	Fine beige powder with a characteristic odor
Solubility:	Freely soluble in 100 g/L in water
Loss on drying:	< 5.0 %
Particle size:	100% < 500µm 95% < 300µm
Foreign matter:	not detected
Rosmarinic acid:	> 6 %
Muscarinic M1 receptor affinity	yes
Microbiology: Ph. Eur. 7ed Cat. 5.1.4	complies
Pesticides (EC) NO396/2005:	< 0.01 mg/kg (ppm)
Heavy metals (EC) NO1881/2006:	complies



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